




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-528-1530. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at www.mybenemax.com or call 1-800-528-1530 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$0 member / \$0 family in-network; \$8,000 member / \$20,000 family out-of-network.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible .
Are there services covered before you meet your deductible ?	Yes. In-network preventive and prenatal care, most office visits, therapy visits, mental health visits, prescription drugs ; emergency transportation .	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan ?	\$7,350 member / \$14,700 family in-network and \$16,300 member / \$32,600 family out-of-network.	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Premiums , balanced-billed charges , and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes. See bluecrossma.com/findadoctor or call the Member Service number on our ID card for a list of network providers .	This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	No	You can see the specialist you choose without a referral .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$35 copay / visit; deductible does not apply	\$35 copay / visit; then 50% coinsurance ; then 20% coinsurance	Coinsurance begins after the first \$1,000 member / \$2,000 family; out-of-network deductible applies; a telehealth cost share may be applicable
	Specialist visit	\$35 copay / visit; \$35 copay / chiropractor & acupuncture visit; deductible does not apply	\$35 copay / visit; 50% coinsurance ; then 20% coinsurance ; and \$35 copay / visit; 50% coinsurance ; then 20% coinsurance / chiropractor & acupuncture visit	Coinsurance begins after the first \$1,000 member / \$2,000 family; out-of-network deductible applies; a limited to 12 acupuncture visits per calendar year; a telehealth cost share may be applicable
	Preventive care/screening/immunization	No charge; deductible does not apply	50% coinsurance ; then 20% coinsurance	Limited to age-based schedule and / or frequency; out-of-network deductible applies; a telehealth cost share may be applicable. You may have to pay for services that aren't preventive . Ask your provider if the services needed are preventive . Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	50% coinsurance ; then 30% coinsurance	50% coinsurance	Deductible applies first; Coinsurance begins after the first \$1,000 member / \$2,000 family; pre-authorization may be required.
	Imaging (CT/PET scans, MRIs)	50% coinsurance ; then 30% coinsurance	50% coinsurance	Deductible applies first; Coinsurance begins after the first \$1,000 member / \$2,000 family; pre-authorization may be required.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.bluecrossma.org/medication	Generic drugs	\$15 / retail supply or \$30 / mail service supply; deductible does not apply	Not covered	Up to 30-day retail (90-day mail service) supply; cost share may be waived for certain covered drugs and supplies; pre-authorization required for certain drugs.
	Preferred brand drugs	\$30 / retail supply or \$60 / mail service supply; deductible does not apply	Not covered	
	Non-preferred brand drugs	\$50 / retail supply or \$100 / mail service supply; deductible does not apply	Not covered	

	Specialty drugs	\$15 / retail supply for specialty generic drugs; 50% coinsurance / retail supply for specialty preferred brand drugs; 50% coinsurance / retail supply for specialty non-preferred brand drugs; not covered / mail service supply; deductible does not apply	Not covered	Up to 30-day retail supply when obtained from a designated specialty pharmacy; pre-authorization required for certain drug.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	50% coinsurance	50% coinsurance ; then 20% coinsurance	Deductible applies first; Coinsurance begins after the first \$1,000 member / \$2,000 family; pre-authorization required for certain services
	Physician/surgeon fees	50% coinsurance	50% coinsurance ; then 20% coinsurance	Deductible applies first; Coinsurance begins after the first \$1,000 member / \$2,000 family; pre-authorization required for certain services
If you need immediate medical attention	Emergency room care	50% coinsurance ; then 30% coinsurance	50% coinsurance ; then 30% coinsurance	Deductible applies first; Coinsurance begins after the first \$1,000 member / \$2,000 family
	Emergency medical transportation	50% coinsurance ; then 30% coinsurance	50% coinsurance ; then 30% coinsurance	Deductible applies first; Coinsurance begins after the first \$1,000 member / \$2,000 family
	Urgent care	\$35 copay / visit; deductible does not apply	\$35 copay / visit; then 50% coinsurance ; then 20% coinsurance	Coinsurance begins after the first \$1,000 member / \$2,000 family; out-of-network deductible applies; a telehealth cost share may be applicable
If you have a hospital stay	Facility fee (e.g., hospital room)	50% coinsurance ; then 30% coinsurance	50% coinsurance	Deductible applies first; Coinsurance begins after the first \$1,000 member / \$2,000 family; pre-authorization required for certain services
	Physician/surgeon fees	50% coinsurance ; then 30% coinsurance	50% coinsurance	Deductible applies first; Coinsurance begins after the first \$1,000 member / \$2,000 family; pre-authorization required for certain services

If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$35 copay / visit; deductible does not apply	\$35 copay / visit; then 50% coinsurance ; then 20% coinsurance	Coinsurance begins after the first \$1,000 member / \$2,000 family; out-of-network deductible applies; a telehealth cost share may be applicable; preauthorization required for certain services.
	Inpatient services	50% coinsurance ; then 30% coinsurance	50% coinsurance	Deductible applies first; Coinsurance begins after the first \$1,000 member / \$2,000 family; pre-authorization required
If you are pregnant	Office visits	No charge for prenatal care; 30% coinsurance for postnatal care	20% coinsurance for prenatal care; 50% coinsurance for postnatal care.	Deductible applies first except for in-network prenatal care; Coinsurance begins after the first \$1,000 member / \$2,000 family; a telehealth cost share may be applicable; cost sharing does not apply for in-network preventive services; maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound)
	Childbirth/delivery professional services	50% coinsurance ; then 30% coinsurance	50% coinsurance	
	Childbirth/delivery facility services	50% coinsurance ; then 30% coinsurance	50% coinsurance	
If you need help recovering or have other special health needs	Home health care	50% coinsurance ; then 30% coinsurance	50% coinsurance	Deductible applies first; Coinsurance begins after the first \$1,000 member / \$2,000 family; pre-authorization required
	Rehabilitation services	\$35 copay / visit for outpatient services; 50% coinsurance ; then 30% coinsurance for inpatient services	\$35 copay / visit; then 50% coinsurance ; then 20% coinsurance	Deductible applies first for out-of-network and inpatient services; Coinsurance begins after the first \$1,000 member / \$2,000 family; limited to 100 visits per calendar year (other than for autism, home health care , and speech therapy); a telehealth cost share may be applicable; limited to 60 days per calendar year for inpatient admissions; pre-authorization required for certain services
	Habilitation services	\$35 copay / visit; deductible does not apply	\$35 copay / visit; then 50% coinsurance ; then 20% coinsurance	Rehabilitation therapy coverage limits apply; out-of-network deductible applies; a telehealth cost share may be applicable; cost share and coverage limits waived for early intervention services for eligible children.
	Skilled nursing care	50% coinsurance ; then 30% coinsurance	50% coinsurance	Deductible applies first; Coinsurance begins after the first \$1,000 member / \$2,000 family; limited to 100 days per calendar year; pre-authorization required.

	Durable medical equipment	50% coinsurance ; then 30% coinsurance	50% coinsurance	Deductible applies first; Coinsurance begins after the first \$1,000 member / \$2,000 family; in-network cost shared waived for one breast pump per birth (20% coinsurance for out-of-network).
	Hospice services	50% coinsurance ; then 30% coinsurance	50% coinsurance	Deductible applies first; Coinsurance begins after the first \$1,000 member / \$2,000 family; pre-authorization required for certain services.
If your child needs dental or eye care	Children's eye exam	No charge; deductible does not apply	50% coinsurance ; then 20% coinsurance	Coinsurance begins after the first \$1,000 member / \$2,000 family; out-of-network deductible applies; limited to one exam every 24 months
	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	No charge for members with a cleft palate / cleft lip condition; deductible does not apply	50% coinsurance ; then 20% coinsurance for members with a cleft palate / cleft lip condition	Coinsurance begins after the first \$1,000 member / \$2,000 family; limited to members under age 18

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other [excluded services](#).)

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|----------------------|-----------------------|------------------------|
| • Children's glasses | • Cosmetic Surgery | • Long-term care |
| | • Dental care (adult) | • Private-duty nursing |

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

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| <ul style="list-style-type: none"> • Acupuncture (12 visits per calendar year) • Bariatric surgery • Chiropractic care • Hearing aids (\$2,000 per ear every 36 months for members age 21 or younger) | <ul style="list-style-type: none"> • Infertility treatment • Non-emergency care when traveling outside the US. • Routine eye care - adult (one exam every 24 months) | <ul style="list-style-type: none"> • Routine Foot Care (only for patients with systemic circulatory disease) • Weight Loss Programs (\$150 per calendar year per policy) |
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Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the Massachusetts Division of Insurance at 1-877-563-4467 or www.mass.gov/doi. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: The Office of Patient Protection at 1-800-436-7757.

Does this plan provide Minimum Essential Coverage? [Yes]

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? [Yes]

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Disclaimer: This document contains only a partial description of the benefits, limitations, exclusions and other provisions of this health care plan. It is not a policy. It is a general overview only. It does not provide all the details of this coverage, including benefits, exclusions and policy limitations. In the event there are discrepancies between this document and the policy, the terms and conditions of the policy will govern.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*—————

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$0
■ Delivery fee coinsurance	50%/30%
■ Facility fee coinsurance	50%
■ Diagnostic tests coinsurance	50%/30%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost	\$12,713
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In this example, Peg would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$60
Coinsurance	\$2,400
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$2,520

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
■ Specialist visit copay	\$35
■ Primary care visit copay	\$35
■ Diagnostic tests coinsurance	50%/30%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost	\$7,389
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In this example, Joe would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$1,135
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,155

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist visit copay	\$35
■ Emergency room coinsurance	30%
■ Ambulance services coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost	\$1,925
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In this example, Mia would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$140
Coinsurance	\$500
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$640