



SECTION 125 ELECTION FORM

REASON FOR ENROLLMENT

<input type="checkbox"/>	OPEN ENROLLMENT	<input type="checkbox"/> NEW HIRE
<input type="checkbox"/>	QUALIFYING EVENT:	

{ Describe Qualifying Event }

MEDICAL

<u>ADVANTAGE PLAN</u>	<u>ECONOMY PLAN</u>	
<input type="checkbox"/> \$45.00 per week	SINGLE	<input type="checkbox"/> \$28.50 per week
<input type="checkbox"/> \$90.00 per week	COUPLE	<input type="checkbox"/> \$73.50 per week
<input type="checkbox"/> \$90.00 per week	SINGLE PARENT	<input type="checkbox"/> \$73.50 per week
<input type="checkbox"/> \$122.50 per week	FAMILY	<input type="checkbox"/> \$106.00 per week

I am waiving healthcare coverage. I have other coverage with: _____

DENTAL { Full Timer's Only }

<input type="checkbox"/> \$7.50 per week	SINGLE	SINGLE PARENT	<input type="checkbox"/> \$15.00 per week
<input type="checkbox"/> \$15.00 per week	COUPLE	FAMILY	<input type="checkbox"/> \$20.00 per week

I am waiving dental coverage. I have other coverage with: _____

GROUP LIFE INSURANCE { Full Timer's Only }

<input type="checkbox"/> No Cost	SINGLE	
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ASSOCIATE INFORMATION

<input type="checkbox"/> Full Time	STATUS	<input type="checkbox"/> Part Time
NAME: _____		

ADDRESS: _____

PHONE: _____ EMAIL: _____

EMPLOYEE # _____ STORE # _____ STORE: _____

EFFECTIVE DATE OF COVERAGE: _____

AUTHORIZATION

I accept the benefits provided by these group plans and authorize the processing of my enrollment. I also authorize payroll deductions from my earnings for the required contributions toward the cost of coverage.

Associate Signature _____

Date _____
(JBR 11/23)

**Please Read the Instructions
Before Filling Out This Form.**



MASSACHUSETTS

Enrollment and Change Form

Please mail to: P.O. Box 986001
Boston, MA 02298 or fax to 1-617-246-7531

1. To Be Filled Out by Your Employer

Company Name			Current Medical Group #:			Medical Group #, Transferring To:	
Current BCBS ID #, If any	Requested Effective Date	Date of Hire	Current Dental Group #:			Dental Group #, Transferring To	
MM	DD	YYYY	MM	DD	YYYY		

Type of Transaction

ADD CANCEL
 CHANGE Three digit
 TRANSFER termination code

Remarks: (i.e., qualifying event for a new add, change to family or other instruction)
 Open Enrollment Change to Family Loss of Coverage (HIPAA Continuation of Coverage Letter Required)
 New Hire Add Spouse Other:
 COBRA Add Dependent

2. Yourself (Member 1)

What products? <input type="checkbox"/> Access Blue <input type="checkbox"/> Blue Medicare Rx (Part D) <input type="checkbox"/> HMO Blue New England <input type="checkbox"/> Network Blue <input type="checkbox"/> Membership Type (Medical) <input type="checkbox"/> Membership Type (Dental) <input type="checkbox"/> Blue Choice <input type="checkbox"/> Dental Blue <input type="checkbox"/> Managed Blue for Seniors <input type="checkbox"/> PPO <input type="checkbox"/> Individual <input type="checkbox"/> Family <input type="checkbox"/> Blue Choice New England <input type="checkbox"/> HMO Blue <input type="checkbox"/> Medex (Group) <input type="checkbox"/> Saver Blue <input type="checkbox"/> Individual <input type="checkbox"/> Family
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Your First Name	M.I.	Last Name	Sex	Date of Birth
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Street Address/ P.O. Box #	Apt. #	City/ Town	State	Zip Code
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Home Phone ()	Cell Phone ()	Email
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Social Security # (REQUIRED) ¹	Other Insurance? ² Y <input type="checkbox"/> N <input type="checkbox"/>	Other Insurance Company Name	City / State
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PCP ID # (see instructions)	Name of PCP	City / State	Is this your current PCP? Y <input type="checkbox"/> N <input type="checkbox"/>
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Are you covered by Medicare? ² Y <input type="checkbox"/> N <input type="checkbox"/>	Part A Effective Date MM DD YYYY	Part B Effective Date MM DD YYYY	Part D Effective Date MM DD YYYY	Medicare #	<input type="checkbox"/> 65+ <input type="checkbox"/> Disabled <input type="checkbox"/> ESRD If Retired, Date
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3. Member 2	Please Check One: <input type="checkbox"/> Spouse <input type="checkbox"/> Domestic Partner <input type="checkbox"/> Divorced Spouse (court ordered)			Plan Type: <input type="checkbox"/> Medical <input type="checkbox"/> Dental
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First Name	M.I.	Last Name	Sex	Date of Birth
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Social Security # (REQUIRED) ¹	Phone ()	Other Insurance? ² Y <input type="checkbox"/> N <input type="checkbox"/>	Other Insurance Company Name	City / State
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PCP ID # (see instructions)	Name of PCP	City / State	Is this your current PCP? Y <input type="checkbox"/> N <input type="checkbox"/>
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Are you covered by Medicare? ² Y <input type="checkbox"/> N <input type="checkbox"/>	Part A Effective Date MM DD YYYY	Part B Effective Date MM DD YYYY	Part D Effective Date MM DD YYYY	Medicare #	<input type="checkbox"/> 65+ <input type="checkbox"/> Disabled <input type="checkbox"/> ESRD If Retired, Date
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4. Your Eligible Dependents (Member 3, 4, and 5)	Actively Working? Y <input type="checkbox"/> N <input type="checkbox"/>			
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Dependent's First Name 3.)	M.I.	Last Name	Sex	Date of Birth
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Social Security # (REQUIRED) ¹	PCP ID # (see instructions)	Name of PCP
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Is this your current PCP? Y <input type="checkbox"/> N <input type="checkbox"/>	Full-time student and aged 19 or older <input type="checkbox"/>	Disabled and aged 26 or older <input type="checkbox"/>	Plan Type: <input type="checkbox"/> Medical <input type="checkbox"/> Dental
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Dependent's First Name 4.)	M.I.	Last Name	Sex	Date of Birth
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Social Security # (REQUIRED) ¹	PCP ID # (see instructions)	Name of PCP
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Is this your current PCP? Y <input type="checkbox"/> N <input type="checkbox"/>	Full-time student and aged 19 or older <input type="checkbox"/>	Disabled and aged 26 or older <input type="checkbox"/>	Plan Type: <input type="checkbox"/> Medical <input type="checkbox"/> Dental
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Dependent's First Name 5.)	M.I.	Last Name	Sex	Date of Birth
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Social Security # (REQUIRED) ¹	PCP ID # (see instructions)	Name of PCP
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Is this your current PCP? Y <input type="checkbox"/> N <input type="checkbox"/>	Full-time student and aged 19 or older <input type="checkbox"/>	Disabled and aged 26 or older <input type="checkbox"/>	Plan Type: <input type="checkbox"/> Medical <input type="checkbox"/> Dental
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Please check if you are using separate forms for additional dependent children Total # of dependents: _____

5. Personal Savings Account

<input type="checkbox"/> HSA: Health Savings Account	Start Date	End Date	FSA Goal Amount (Please see instructions for limits.): \$
<input type="checkbox"/> FSA: Health Flexible Spending Account	Start Date	End Date	Health: \$
<input type="checkbox"/> FSA: Dependent Care Reimbursement Account	Start Date	End Date	Dependent Care: \$

6. Signature (Employer & Employee)

The information here is complete and true. I understand that Blue Cross and Blue Shield will rely on this information to enroll me and my dependents or to make changes to my membership. I understand that I should read the subscriber certificate or benefit booklet provided by my employer to understand my benefits and any restrictions that apply to my health care plan. I understand that Blue Cross and Blue Shield may obtain personal and medical information about me to carry out its business, and that it may use and disclose that information in accordance with law. I acknowledge that I may obtain further information about the collection, use, and disclosure of my information in "Our Commitment to Confidentiality," Blue Cross and Blue Shield's notice of privacy practices.

Employee's Signature _____ Date _____ Employer's Signature _____ Date _____

1. REQUIRED: Under the Affordable Care Act, we are required to collect the Social Security number for you and any dependent enrolling in your plan.

2. If you have not indicated Y or N regarding your Medicare or other insurance status, you may receive a follow-up questionnaire.

Blue Cross Blue Shield of Massachusetts is an independent licensee of the Blue Cross and Blue Shield Association.

**BENEMAX****BENEDENT® ENROLLMENT FORM****GROUP NAME:****SECTION 1 – ENROLLEE (Complete this section for new enrollment or change of status) PLEASE PRINT****EMPLOYEE NAME**

(Last, First, Middle Initial) _____

SOCIAL SECURITY NUMBER

- - - - -

EMPLOYMENT DATE

/ /

EFFECTIVE DATE OF COVERAGE

/ /

MAILING ADDRESS _____**TELEPHONE #** _____**CITY** _____**STATE** _____**ZIP CODE** _____**E-MAIL ADDRESS** _____**BIRTHDATE**

MONTH DAY YEAR

SEXMale
Female

Are you or any of your covered dependents covered under another dental plan?

Yes If yes, please list carrier & plan name: _____
No **SECTION 2 – CHANGES TO EXISTING ENROLLMENT (Complete for all changes)** Name Change Add new dependent Delete dependent Address change listed above

Effective date of change _____

Reason for change _____

SECTION 3 – DEPENDENTS (Complete for new enrollment or to add or delete dependents)**Spouse Name**

(Last, First, Middle Initial)

, _____, _____, _____

Birthdate

Social Security Number _____ - - - - - Sex Male Female Coverage change Add Delete **Child Name**

(Last, First, Middle Initial)

, _____, _____, _____

Birthdate

Social Security Number _____ - - - - - Sex Male Female Coverage change Add Delete **Child Name**

(Last, First, Middle Initial)

, _____, _____, _____

Birthdate

Social Security Number _____ - - - - - Sex Male Female Coverage change Add Delete **Child Name**

(Last, First, Middle Initial)

, _____, _____, _____

Birthdate

Social Security Number _____ - - - - - Sex Male Female Coverage change Add Delete **SECTION 4 – WAIVER (only required if waiving coverage)**

I am waiving coverage in the Group Dental Plan for this plan year. I understand that I will not be able to join the plan until the next open enrollment date unless I experience a qualifying change in family status.

Employee Signature _____ Date _____

SECTION 5 - SIGNATURE

I am enrolling in the Group Dental Plan for the coming plan year and I authorize appropriate payroll deductions.

Employee Signature _____ Date _____

**BENEDENT®****BENEMAX**



**BENEFICIARY DESIGNATION FORM
GROUP LIFE AND GROUP ACCIDENTAL DEATH
& DISMEMBERMENT INSURANCE
Unum Life Insurance Company of America
Provident Life and Accident Insurance Company
The Paul Revere Life Insurance Company**

Instructions: Please complete, sign and date this form to designate your beneficiary(ies) or to change your existing beneficiary(ies). This form cancels all prior designations. If more than one beneficiary is named and no percentages are indicated, payment will be made to them in equal shares. If there are more than three (3) primary and/or contingent beneficiaries, please attach a separate sheet of paper. **Return the completed form to your employer.**

SECTION 1: Employee Information

Name (Last Name, Suffix, First Name, MI)	Social Security Number
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Employer Name

CROSBY'S MARKETS, INC.

Check the coverages listed below to which this beneficiary designation applies:

Basic Life Supplemental Life AD&D All

SECTION 2: Primary Beneficiary (ies)

I choose the person(s) named below to be the primary beneficiary(ies) of the Life Insurance benefits that may be payable at the time of my death. If any primary beneficiary(ies) is disqualified or dies before me, his/her percentage of this benefit will be paid to the remaining primary beneficiary(ies).

Name & Address	Relationship	Social Security Number	Date of Birth	Percentage

Total Must Equal 100%

SECTION 3: Contingent Beneficiary (ies)

If all primary beneficiaries are disqualified or die before me, I choose the person(s) named below to be my contingent beneficiary(ies).

Name & Address	Relationship	Social Security Number	Date of Birth	Percentage

Total Must Equal 100%

SECTION 4: Signature

X

Employee Signature

Date

Unum is a registered trademark and marketing brand of Unum Group and its insuring subsidiaries.

CS-1110 (12/09)

**BENEMAX**

PO Box 950, Medfield, MA 02052 Phone: 800-528-1530

FLEXIBLE SPENDING PLAN ELECTION FORM
CROSBY'S MARKETS, INC.
PLAN YEAR: 1/01/2025 - 12/31/2025

<i>Employee Information</i>			
<i>Employee Name</i>		<i>Social Security Number</i>	
<i>Home Address</i>	<i>Street</i>	<i>City</i>	<i>State</i>
<i>Zip</i>			
<i>Date of Birth</i>	<i>E-mail address or Phone number</i>	<i>Eff. Date of Enrollment</i>	<i>First Payroll Date</i>
<i>Dependents</i>			
<i>Name</i>	<i>Date of Birth</i>	<i>Name</i>	<i>Date of Birth</i>
<i>Name</i>	<i>Date of Birth</i>	<i>Name</i>	<i>Date of Birth</i>
<i>Benefit election / Authorization</i>			

I authorize **Crosby's Markets** to reduce my gross paycheck each pay period by the following pre-tax amounts to fund flexible spending account(s):

Healthcare Flexible Spending Account (HFS) Total for plan year \$ _____
 For reimbursement of health related expenses for myself and my eligible dependents **(Maximum election \$3,300)**

Dependent Daycare Assistance Account (DCAP) Total for plan year \$ _____
 For reimbursement of employment related dependent daycare expenses
(Maximum election \$5,000 per plan year if filing jointly; \$2,500 if married and filing separately)

By signing below, I understand that:

- These contributions to my flexible spending account(s) will be deducted from my paycheck on a per pay period basis.
- I understand that this authorization cannot be changed during the plan year unless I experience a change in family status as established by IRS regulations.
- I understand that any money in excess of \$660.00 remaining in the healthcare flexible spending account at the end of the plan year will be forfeited.
- I understand that any unused money remaining in the dependent daycare assistance account at the end of the plan year and grace period will be forfeited in accordance with the rules and regulations established by the IRS.
- I understand that if I leave the company before the end of the plan year, I have 90 days from the date of termination in which to submit claims that were incurred before my termination date.

<i>Employee Signature</i> X	<i>Date</i>
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MASSACHUSETTS

FITNESS REIMBURSEMENT

Get rewarded for your healthy habits!

Save up to

\$150



Qualified for Reimbursement:

- A full service health club with cardiovascular and strength-training equipment like treadmills, bikes, weight machines, and free weights
- A fitness studio with instructor-led group classes such as yoga, Pilates, Zumba®, kickboxing, indoor cycling/ spinning, and other exercise programs
- Online fitness memberships, subscriptions, programs, or classes
- Cardiovascular and strength-training equipment for fitness that is purchased for use in the home, such as stationary bikes, weights, exercise bands, treadmills, fitness machines



Not Qualified for Reimbursement:

- One-time initiation or termination fees
- Fees paid for gymnastics, tennis, pool-only facilities, martial arts schools, instructional dance studios, country clubs or social clubs, sports teams or leagues
- Personal trainer sessions
- Fitness clothing

Get Started

To submit your reimbursement, sign in to MyBlue at bluecrossma.org.

Your reimbursement is waiting!



MASSACHUSETTS

FITNESS REIMBURSEMENT REQUEST

Please print all information clearly. To verify that this reimbursement is offered within your plan, or for more information, you can sign in to MyBlue at bluecrossma.org or call the Member Service number on your ID card.

All fitness reimbursement requests must be submitted by March 31 of the following year.

Subscriber Information (Policyholder)

Identification Number on Subscriber ID Card (including first 3 characters)	Subscriber's Last Name	First Name	Middle Initial
Address – Number and Street	City	State	ZIP Code
Employer's Name			

Claim Information

Member's Last Name	First Name	Middle Initial	Date of Birth ____/____/____
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Claim is for (choose one and color in the entire box): Name, Address, and Phone Number of Qualified Fitness Expense

- Subscriber (policyholder)
- Spouse (of policyholder)
- Ex-Spouse
- Dependent (up to age 26)
- Other (specify): _____

Total Dollars requested for Qualified Fitness Expense: \$ _____

Calendar year that fees were paid: _____

Blue Cross Blue Shield of Massachusetts will make a reimbursement decision within 30 calendar days of receiving a completed request form. Reimbursement is sent to the member's address on file with Blue Cross. Reimbursement may be considered taxable income, so you should consult your tax advisor.

Certification and Authorization (This form must be signed and dated below.)

I certify that the information provided in support of this submission is complete and correct, and that I have not previously submitted for these services. I enrolled in the qualified program with the full intention of using such program. I understand that Blue Cross Blue Shield of Massachusetts may require proof of payment for a reimbursement decision. I authorize the release of any information about my qualified fitness program to Blue Cross Blue Shield of Massachusetts.

Subscriber's or Member's Signature:

Date: ____/____/____

Complete this form and mail it to:

Blue Cross Blue Shield of Massachusetts,
Local Claims Department,
PO Box 986030, Boston, MA 02298

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711).

ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).

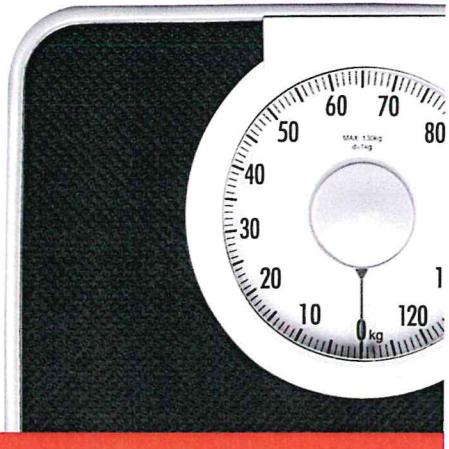


MASSACHUSETTS

WEIGHT-LOSS REIMBURSEMENT

Your reward for healthy behavior:

Receive up to \$150 annually when you participate in a qualified weight-loss program.¹



Qualified for Weight-Loss Reimbursement

Participation fees for:

- Hospital-based programs and Weight Watchers[®] in-person
- Weight Watchers online and other non-hospital programs (in-person or online) that combine healthy eating, exercise, and coaching sessions with certified health professionals such as nutritionists, registered dietitians, or exercise physiologists.



Not Qualified for Weight-Loss Reimbursement

- One-time initiation or termination fees
- Food, supplements, books, scales, or exercise equipment
- Individual nutrition counseling sessions, doctor/nurse visits, lab tests, or other services that are covered benefits under your medical plan

1

Choose

Start by picking a qualified weight-loss program.

2

Complete

Once you pay for the program, fill out the attached form, or sign in to MyBlue to submit online at member.bluecrossma.com/login.

3

Mail

Send the completed form to the address listed.

Be sure to check with your doctor before starting any weight-loss program.

1. To verify this reimbursement is offered for your plan, or for more information, sign in to MyBlue at bluecrossma.com/myblue or call the Member Service number on your ID card. Most plans offer the reimbursement shown, but refer to your plan information for specific details.

Questions?

Contact Member Service by calling the phone number on your member ID card.

WEIGHT-LOSS REIMBURSEMENT REQUEST

Please Print All Information Clearly: To verify this reimbursement is offered within your plan, or for more information, please sign in to MyBlue at bluecrossma.com/myblue or call the Member Service number on your ID card. All weight-loss reimbursement requests must be submitted by March 31 of the following year.

Complete this form and mail it to: Blue Cross Blue Shield of Massachusetts, Local Claims Department, PO Box 986030, Boston, MA 02298

Subscriber Information (Policyholder)

Identification Number on Subscriber ID Card (including first 3 characters)	Subscriber's Last Name	First Name	Middle Initial
Address – Number and Street	City	State	Zip Code
Employer's Name			

Claim Information

Member Last Name	First Name	Middle Initial	Gender (color in the entire box)	Date of Birth ____/____/____
		<input type="checkbox"/> Male		
		<input type="checkbox"/> Female		

Claim is for (choose one and color in the entire box): Name, Address, and Phone Number of Qualified Weight-Loss Program

Subscriber (policyholder)

Total dollars requested: \$ _____

Spouse (of policyholder)

Monthly program participation fee: \$ _____

Ex-Spouse

Calendar Year: ____/____/____

Dependent (up to age 26)

Other (specify): _____

Blue Cross Blue Shield of Massachusetts will make a reimbursement decision within 30 calendar days of receiving a completed request form. Reimbursement is sent to the member's address on file with Blue Cross. Reimbursement may be considered taxable income, so consult your tax advisor.

Certification and Authorization (This form must be signed and dated below.)

I certify that the information provided in support of this submission is complete and correct and that I have not previously submitted for these services. I understand that Blue Cross Blue Shield of Massachusetts may require proof of payment for a reimbursement decision. I authorize the release of any information about my qualified weight-loss program to Blue Cross Blue Shield of Massachusetts.

Subscriber's or Member's Signature:

Date: ____/____/____

Important Information:

- Weight-loss reimbursement can be granted for any single member or combination of members enrolled under the same Blue Cross Blue Shield of Massachusetts health plan. Blue Cross will make a reimbursement decision within 30 days of receiving a completed request.
- Reimbursement requests must be submitted by March 31 of the following year.
- Keep copies of proof of payment in case we request it from you. Proof of payment includes:
 - Receipts (cash/check/credit/electronic) for participation fees clearly documenting your name, the weight-loss program name, and individual amounts charged with date paid.
 - Your weight-loss program membership or participation agreement clearly documenting your name and date of enrollment/participation.
- Your reimbursement may be considered taxable income, so consult a tax advisor.

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ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711).

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